## **Details of Self Learning on Principles of Sports Training**

Resource Person : Dr.J.Karthikeyan

Assistant Professor of Physical Education

The M.D.T. Hindu College

Tirunelveli, Tamil Nadu.

Date : 15.07.2020 & 16.07.2020

Total No. of Participants: 247 Students



## THE M.D.T.HINDU COLLEGE

(Reaccredited with B+ Grade(3<sup>rd</sup> Cycle) by NAAC)

(Affiliated to Manonmaniam Sundaranar University)

Tirunelveli – 627 010



## Internal Quality Assurance Cell (IQAC)

Self Learning Online Course — 43 Title: Principles of Sports Training

Course Coordinator: Dr. J. Karthikeyan Assistant Professor of Physical Education The M.D.T. Hindu College

Date & Time

Day 1: 15.07.2020, 9 a.m. onwards

Day 2: 16.07.2020, 9 p.m. onwards

Link http://mdthinducollege.org/selflearning/physicaleducation